

# PARENTS.

THE ANTI-DRUG.

December 5, 2007

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## RULES FOR THE ROAD



December is National Drunk and Drugged Driving Prevention month, an important opportunity to alert parents to new research that shows that teens are just as likely to drive under the influence of marijuana as alcohol.

One of the most anticipated milestones in a teen's life is obtaining a driver's license. But with added freedom comes added challenges for parents. Young drivers are already at risk for car crashes due to the combination of driving inexperience and distractions, such as having additional passengers in the car, eating, and talking and texting on cell phones. In fact, traffic crashes are the leading cause of death for 15- to 20-year-olds. And drug and alcohol use compound teens' crash risks.

Talk to your teen about the dangers of **drugged, drunk, and distracted driving.**

### **Has your teen earned the keys to the car?**

Rate yourself (and the teen driver in your family) on the risks associated with marijuana use and driving.

1. Have you talked with your teen about the risks

**Take action to keep your teens safe with these simple steps:**

1. Set clear rules and enforce consequences against any drug or alcohol use at any time.
2. Know where your teen is going and what route he or she is using to get there.
3. Reinforce safe driving practices by driving together and being a good role model.

of riding with someone who is driving high?

**Take the full quiz**

**NEWS** ⇨



**Teens' driving habits under scrutiny**

Parents and state officials seek to reduce motor vehicle tragedies involving young and inexperienced drivers.

**Read full article>>**

**ADVICE** ⇨



**Cell phones.** If your teen has a cell phone, you can set ground rules for when, where, and how often to use it.

**Read more>>**

**FREE RESOURCES** ⇨



Looking for **FREE** anti-drug information? Check out all of *TheAntiDrug.com's* **Campaign Resources>>**

And check out these credible, user-friendly sites for more **digital monitoring advice.**

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